



Invisible Children's Project

– Games & Activities for Children –

What Do You Know About Mental Health?

Fill in the blanks.

Mental health problems sometimes change the way you _____ and _____.

Many times, people will talk to a _____, doctor, friend, parent, family member or adult they trust about how they feel.

A person with a mental health problem can feel better with _____.

_____ is a group of people who care about the children of parents with mental health problems.

WORD BANK

TREATMENT

ACT

COUNSELOR

INIVISIBLE CHILDREN'S PROJECT FEEL

What Do You Know About Mental Health? - Answers

Mental health problems sometimes change the way you ACT and FEEL.

Many times, people will talk to a COUNSELOR doctor, friend, parent, family member or adult they trust about how they feel.

A person with a mental health problem can feel better with TREATMENT.

THE INVISIBLE CHILDREN'S PROJECT is a group of people who care about the children of parents with mental health problems.